

Uninteresting the Interested

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It happens all of the time. Across college campuses you'll see college students going after a potential sweetheart when the other is not interested. Rejection is inevitable in many cases, and usually ends with the tension or awkwardness that settles in when you're told "You're not my type" or "It's not you, it's me"; believe me, I know it's rough. I have spent 4 years on campus and in that 4 years I have asked out over 100 girls, gone on over 200 dates, and have developed a sense to handle



www.prevention.com/health/sex-relationships/couples-therapy-keep-peace-during-holidays

such situations. Having been the guy shut down, and having to shut girls down in the same manner, I have experienced a lot. Now, finally being readied for marriage in

April, I offer the following advice tips to men on letting girls down easy: making that awkwardness a little less heartbreaking.

1) We've all been there, being loved or adored by someone for whom we have no reciprocating feelings. The

potential for a fruitful relationship is about as likely as Richard Simmons wearing long pants any time soon. It's awkward! But you know how hard it is, so remember that they are putting their heart on the line. So be gentle with them whatever you do.

2) Many of us are guilty of it, but you have got to avoid leading the girl on in order to get a little “cuddle action” or a “NCMO” (non-committal make-out). Guys, it’s a common habit of ours to abuse the goods. Kisses, food, cuddling... all of it has got to stop if there is no real potential there. The faster you say something, the better for both of you.



http://picasaweb.google.com/lh/photo/UlnqqQXHi_h0n8i_IZYkUQ

3) Do NOT text or email them, man up and say something, call them, or make your feelings known. Leaving them in the dark can cause deeper hurt feelings.

4) Start off with something like, “[This is where you insert the name], you are great and I hate how awkward these things can be. I’ve been here before myself, but I need to be honest and tell you I am not interested in dating you...” Then conclude with assuring them that it is nothing personal. You simply have different interests, and they should not be ashamed.



<http://gettingsmart.com/blog/2011/11/the-power-of-texting-a-changing-communication-medium-in-changing-times/>

5) Feel free to offer them an invite to a party, a group outing, or just mention that you would still enjoy working together (like working out, studying, etc.). Do not encourage one on one time unless they are comfortable with where your relationship stands. However, sometimes it just doesn’t work and you need to know where to cut the communication. Be wise and be kind.

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Hopefully this helps you develop a greater idea of how to go about letting someone off the line. And while you keep that lure out looking for the right one, remember one thing: honesty makes the best of friends.