

How To

Turn Down Someone Nicely



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Unsuccessful relationships are never easy to work through. When you find yourself in a position to end the relationship, there are several things to keep in mind. The main thing you should know is that there is not a perfect way to turn a guy down; every guy is different, so every situation will be different. In all of my experiences, both being turned down and turning men down, I have created a list of things to remember and keep in mind when you must complete this fateful task.

First, don't beat around the bush! Men spend countless hours and effort into wooing women. Consider yourself lucky to have been wooed, but realize that he isn't messing around. Think about things from a guy's perspective; he is attempting and willing to spend both time and money in dating you. If you aren't interested, or you don't think it will work, don't lead him on any longer. He deserves

your honesty. Honesty doesn't include creating excuses or lying to him. Small white lies eventually lead to bigger white lies, which eventually leads to confusion, anger, and more pain. One lie may make things worse. For instance, if you say, "I'm just too busy for a relationship right now," but you date others, this will end up coming back to haunt you. Believe it or not, but guys talk too; no one wants to date a girl who can't communicate what she does or does not want. Honesty also doesn't include ignoring his texts, ignoring his calls, or dropping subtle hints, which he may or may not pick up.

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Second, don't expect it to be easy. Men and women who find themselves in relationships usually involve themselves emotionally; part of entering into a relationship means putting your trust into another person. With this in mind, don't expect your counterpart to take things without some sort of reaction.

When letting a guy down, try not to focus too much on the details or reasons for breaking up. I have experienced this tip on both ends. As one who has let a guy down and been let down myself, I've seen the



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wisdom of this advice. When one of the guys I was dating broke up with me, he told me exact reasons why things wouldn't work between us. Some of those reasons were brutally honest and were things that simply didn't match up with his preferences. I remember his list included things like I was too short or I wasn't spontaneous enough. These were things that were a part of me and being told that they weren't acceptable to someone else didn't exactly boost my confidence.

After this experience, I have tried hard to keep things general, and your counterpart should respect this. Rather than saying, "I think you're an obsessive video gamer and your standards are much different than mine," focus on the overall message: I'm not interested in continuing a relationship.

If you keep these things in mind and you approach the situation with sensitivity and tact, letting someone down can be much easier. After all is said and done, if you are ever let down yourself, keep in mind that it might take more than one failed relationship to find the one with whom you want to spend the rest of your life. This process may require the pain and sadness of an unsuccessful relationship; yet, once you find your future spouse, the pain and sadness will no longer cross your mind. Keep strong, be hopeful, and remember that each failed relationship is one step closer to finding a successful one.



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